



**Career Guidance is designed to prepare all students for their future with support from a school counselor and/or educator/advisors, curriculum, and to use these lessons as tools for their High School and Beyond Plan.**

## PREPARING STUDENTS FOR COLLEGE AND CAREER

The Career Guidance Washington lessons work to teach college and career readiness knowledge and skills through topic areas such as goal setting, college and career planning, and financial aid. Career guidance can be critical in increasing overall literacy and numeracy levels, as well, because it helps to develop discipline – based on personal desire – that is necessary to succeed in virtually every area. The Career Guidance Washington lessons help students develop their High School & Beyond Plan to acquire a range of skills that directly prepare them to plan for and then succeed at the next stage in their lives. The foundation of the lessons' outcomes and are woven throughout the lessons, so that teachers, counselors and advisors have clear indications of what their students should be accomplishing.

The purpose of the 2014 version of Career Guidance Washington is to:

- ▶ Provide an easy-to-use readily accessible curriculum map and set of lessons for each grade level
- ▶ Select the best-of-the-best from prior college and career planning curricula and consolidate into a 20 lesson per grade level sequence
- ▶ Customize the curriculum for the state of Washington, reflecting changing graduation requirements and course admission requirements
- ▶ Modernize activities and terminology to reflect current research
- ▶ Serve as a go-to source for ease of use, recognizing that schools may choose to draw from the original curricula from which these lessons came:
  - Navigation 101
  - Sparking the Future
  - Career Ready Washington
  - My Dreams My Story My Voice
  - Career Ready Washington

## CAREER GUIDANCE WASHINGTON THEMES

Career Guidance Washington addresses 7 themes important to a college and career ready student:

- ▶ Career and College Development
- ▶ Ownership of Learning
- ▶ Transition Skills
- ▶ Learning Techniques
- ▶ Metacognitive Skills
- ▶ Academic Eligibility
- ▶ High School and Beyond Plan

## USING THE CURRICULUM

The design was intended to create a plug-and-play option, yet, as always, educators are encouraged to adapt the curriculum map for local needs however they see fit.

- ▶ Adapting for calendar
- ▶ Adapting for student-led conferences
- ▶ Adapting to meet the needs of local student demographics

## ALIGNED WITH ACADEMIC AND GUIDANCE STANDARDS

Because the development of the High School & Beyond Plan over time prepares students to be ready for college and career, the Career Guidance Washington curriculum is carefully aligned with academic and guidance standards. In particular, the lessons have been aligned with Common Core State Standards and ASCA National Standards.

## Career Guidance WA

### Late High School Guidance Curriculum Map

#	12 <sup>th</sup> Grade Lesson Title	Theme		#	11 <sup>th</sup> Grade Lesson Titles	Theme
1	Where Am I Going in 12 <sup>th</sup> Grade?	<i>Ownership of Learning</i>		1	Where am I going in the 11 <sup>th</sup> Grade	<i>Ownership of Learning</i>
2	What Does It Take?	<i>Career and College Development</i>		2	How Can I Learn From Others?	<i>Learning Techniques</i>
3	Stress, Drama and Your Senior Year	<i>Metacognitive Skills</i>		3	Junior-Senior Calendar	<i>Transition Skills</i>
4	FAFSA Process – It's Not Just the Application	<i>Transition Skills</i>		4	Personal Character Traits	<i>Metacognitive Skills</i>
5	College and Career Readiness	<i>Career and College Development</i>		5	Balanced Career / Life Planning	<i>Career and College Development</i>
6	Completing a College Application	<i>Transition Skills</i>		6	College Searches	<i>Career and College Development</i>
7	Preparing to Complete a FAFSA	<i>Transition Skills</i>		7	SAT and ACT Strategies	<i>Learning Techniques</i>
8	Post Secondary Admissions Requirement Check	<i>Academic Eligibility</i>		8	Post Secondary Admission Requirements	<i>Academic Eligibility</i>
9	High School and Beyond Plan	<i>High School and Beyond Plan</i>		9	High School and Beyond Plan	<i>High School and Beyond Plan</i>
10	Admissions Essay	<i>Transition Skills</i>		10	Course Registration	<i>Academic Eligibility</i>
11	Academic Progress Review	<i>Leadership of Learning</i>		11	Creating an Effective Resume	<i>Academic Eligibility</i>
12	Seeking Out Role Models and Mentors	<i>Ownership of Learning</i>		12	Academic Progress Review	<i>Ownership of Learning</i>
13	Exploring High Growth Occupation	<i>Career and College Development</i>		13	College Inquiries	<i>Career and College Development</i>
14	Professional Interviews	<i>Career and College Development</i>		14	More Career Options Than You Can Imagine	<i>Career and College Development</i>
15	Variable Futures	<i>Career and College Development</i>		15	Postsecondary Application	<i>Transition Skills</i>
16	Career Bridge	<i>Career and College Development</i>		16	Preparing For The College Application Essay	<i>Academic Eligibility</i>
17	Accepting a Financial Aid Package	<i>Transition Skills</i>		17	Financial Aid Fundamentals	<i>Transition Skills</i>
18	Personal Networking	<i>Transition Skills</i>		18	An Investment in the Future	<i>Transition Skills</i>
19	Preparing For Student-Led Conferences I	<i>Ownership of Learning</i>		19	Preparing For Student-Led Conferences I	<i>Ownership of Learning</i>
20	Preparing For Student-Led Conferences II	<i>Ownership of Learning</i>		20	Preparing For Student-Led Conferences II	<i>Ownership of Learning</i>

## Career Guidance Washington Early High School Guidance Curriculum Map

#	10 <sup>th</sup> Grade Lesson Title	Theme		#	9 <sup>th</sup> Grade Lesson Titles	Theme
1	Where Am I Going in 10 <sup>th</sup> Grade	<i>Ownership of Learning</i>		1	Where Am I Going in 9 <sup>th</sup> Grade?	<i>Ownership of Learning</i>
2	Defining “College and Career Prep”	<i>Career and College Development</i>		2	Study Like Your Hair’s on Fire	<i>Learning Techniques</i>
3	After Graduation Planning	<i>College and Career Development</i>		3	Options with Common Core – Becoming Work Ready	<i>Career and College Development</i>
4	Defining Me: Leadership	<i>Metacognitive Skills</i>		4	School and Community Activities	<i>Transition Skills</i>
5	Dual Credit Options	<i>Academic Eligibility</i>		5	Developing a Growth Mindset	<i>Metacognitive Skills</i>
6	Test Preparation	<i>Learning Techniques</i>		6	Map Your Future	<i>Career and College Development</i>
7	Introduction to Program of Study	<i>College and Career Development</i>		7	Test Attack Skills	<i>Learning Techniques</i>
8	Mapping College and Career Requirements	<i>Academic Eligibility</i>		8	High School Graduation Requirements	<i>Academic Eligibility</i>
9	High School & Beyond Plan	<i>High School and Beyond Plan</i>		9	High School & Beyond Plan	<i>High School and Beyond Plan</i>
10	Course Registration	<i>Academic Eligibility</i>		10	Course Registration	<i>Academic Eligibility</i>
11	Work Samples and Progress	<i>Ownership of Learning</i>		11	Work Samples and Reflection	<i>Academic Eligibility</i>
12	Academic Progress Review	<i>Ownership of Learning</i>		12	Academic Progress Review	<i>Ownership of Learning</i>
13	Understanding Self Doubt	<i>Ownership of Learning</i>		13	Role Models from My Culture	<i>Metacognitive Skills</i>
14	Studying is a Team Sport	<i>Learning Techniques</i>		14	Career Clusters	<i>Career and College Development</i>
15	Defining Credentials	<i>Career and College Development</i>		15	Stick With It	<i>Ownership of Learning</i>
16	Why Go to College	<i>Career and College Development</i>		16	Career Focus	<i>Career and College Development</i>
17	Leveraging Strengths	<i>Leadership of Learning</i>		17	Hear Us Out	<i>Metacognitive Skills</i>
18	Paying for College	<i>Transitional Skills</i>		18	Analyzing Earning Power	<i>Transition Skills</i>
19	Preparing for Student-Led Conferences I	<i>Ownership of Learning</i>		19	Preparing for Student-Led Conferences I	<i>Ownership of Learning</i>
20	Preparing for Student-Led Conferences II	<i>Ownership of Learning</i>		20	Preparing for Student-Led Conferences II	<i>Ownership of Learning</i>

## Career Guidance Washington Middle School Guidance Curriculum Map

#	8 <sup>th</sup> Grade Lesson Title	Theme	
1	Where Did I Come From and Where Will I Go?	<i>Ownership of Learning</i>	
2	Building Personal Interests	<i>Career and College Development</i>	
3	My High School Plan	<i>Transition Skills</i>	
4	Where Does Time Go?	<i>Learning Techniques</i>	
5	Introduction to STEM	<i>Career and College Development</i>	
6	My High School Plan	<i>Transition Skills</i>	
7	Test Management	<i>Learning Techniques</i>	
8	High School and Beyond Planning	<i>High School and Beyond</i>	
9	High School Course Requirements	<i>Transition Skills</i>	
10	Academic Progress Review	<i>Academic Eligibility</i>	
11	Why I Want to Go to College	<i>Career and College Development</i>	
12	Role Models	<i>Transition Skills</i>	
13	Cost of College	<i>Transition Skills</i>	
14	Postsecondary Admission	<i>Career and College Development</i>	
15	Off-Track	<i>Transition Skills</i>	
16	Identifying Leadership Traits	<i>Transition Skills</i>	
17	Transitioning to High School	<i>Transition Skills</i>	
18	Student-Led Conference Prep I	<i>Ownership of Learning</i>	
19	Student-Led Conference Prep II	<i>Ownership of Learning</i>	
20	Student-Led Conference Review	<i>Ownership of Learning</i>	

#	7 <sup>th</sup> Grade Lesson Title	Theme		#	6 <sup>th</sup> Grade Lesson Titles	Theme
1	Where Am I Going in 7 <sup>th</sup> Grade?	<i>Ownership of Learning</i>		1	What is Career Guidance Washington?	<i>Career and College Development</i>
2	Personal Interests	<i>Career and College Development</i>		2	Welcome to Middle School	<i>Ownership of Learning</i>
3	Personal Skills	<i>Ownership of Learning</i>		3	Succeeding in Middle School	<i>Ownership of Learning</i>
4	Knowing Yourself: What Are Your Strengths and Interests?	<i>Career and College Development</i>		4	Sharpening My Skills	<i>Ownership of Learning</i>
5	Time Management	<i>Learning Techniques</i>		5	Time Management	<i>Learning Techniques</i>
6	Managing Multiple Choice Questions	<i>Learning Techniques</i>		6	Note-Taking from Assigned Reading	<i>Learning Techniques</i>
7	Asking for Help	<i>Learning Techniques</i>		7	Effective Test Preparation	<i>Learning Techniques</i>
8	High School Courses	<i>High School and Beyond Plan</i>		8	My Bucket List of Careers	<i>Career and College Development</i>
9	Planning for the Future	<i>Middle School and Beyond Plan</i>		9	The Wide World of Careers	<i>Career and College Development</i>
10	After-Graduation Path	<i>Career and College Development</i>		10	Who Will I Be in the Future?	<i>Career and College Development</i>
11	Academic Progress Review	<i>Academic Eligibility</i>		11	Career Interest Survey	<i>Career and College Development</i>
12	College Bound Scholarship	<i>Transition Skills</i>		12	Academic Progress Review	<i>Academic Eligibility</i>
13	Keeping Your Options Open	<i>Career and College Development</i>		13	Six Steps to Success	<i>Career and College Development</i>
14	Preparing for High School	<i>Middle School and Beyond Plan</i>		14	Learning About High School	<i>Middle School and Beyond Plan</i>
15	Future Possibilities	<i>Career and College Development</i>		15	Income, Savings and Spending	<i>Transition Skills</i>
16	“You Don’t Say” Career Game	<i>Career and College Development</i>		16	Jobs, Occupations and Careers	<i>Career and College Development</i>
17	Occupations Scavenger Hunt	<i>Career and College Development</i>		17	Reasons for College	<i>Transition Skills</i>
18	Student-Led Conference Prep I	<i>Ownership of Learning</i>		18	Student-Led Conference Prep I	<i>Ownership of Learning</i>
19	Student-Led Conference Prep II	<i>Ownership of Learning</i>		19	Student-Led Conference Prep II	<i>Ownership of Learning</i>
20	Student-Led Conferences – How Did I Do?	<i>Ownership of Learning</i>		20	Student-Led Conferences – How Did I Do?	<i>Ownership of Learning</i>