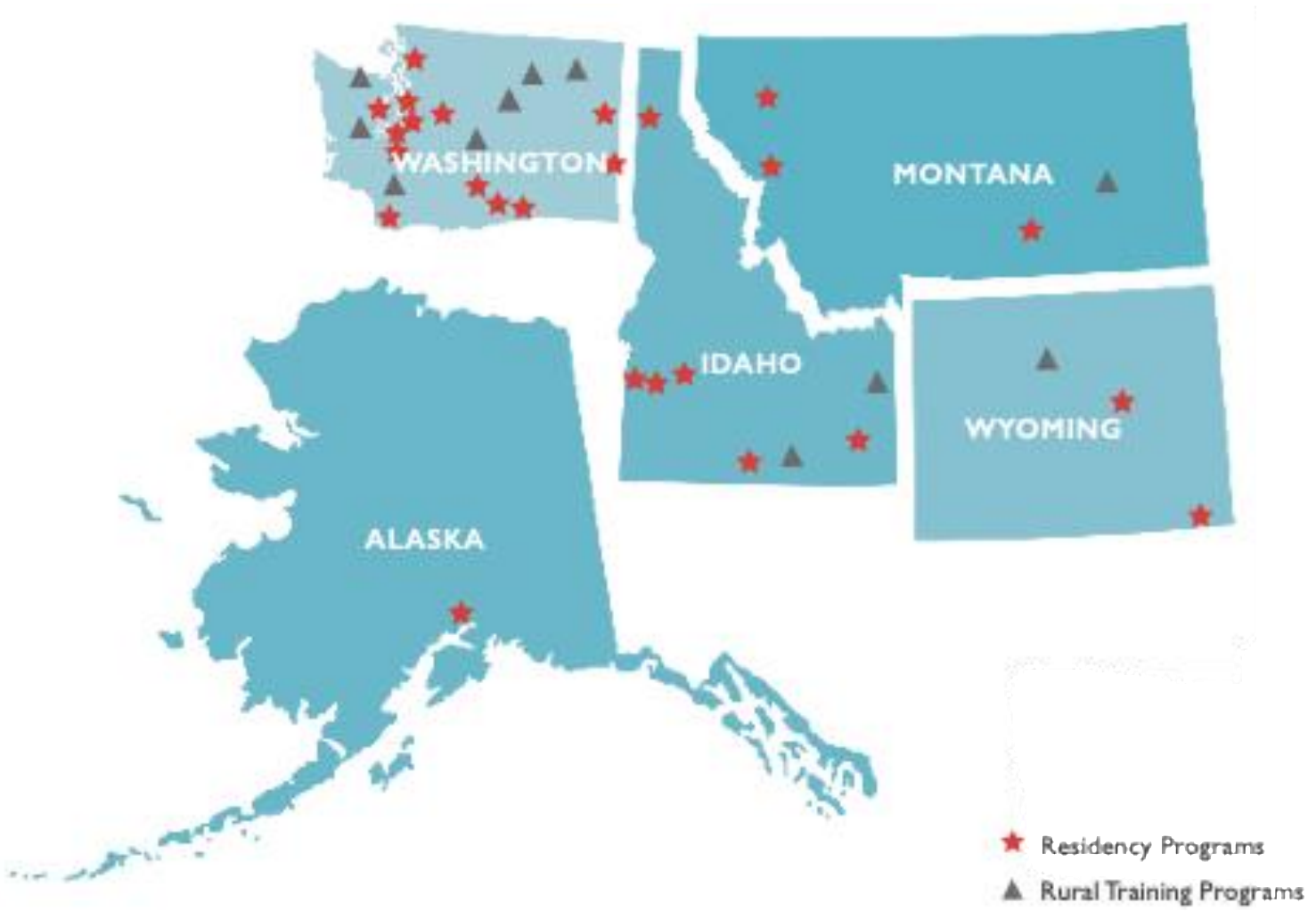
WWAMI Family Medicine Residency Network Programs



WHAT IS FMRN?

The University of Washington Family Medicine Residency Network (WWAMI Network) is a group of family medicine residency programs related to each other by geography and university affiliation.

OUR PROGRAMS

Our affiliated programs are located in Washington, Wyoming, Alaska, Montana, and Idaho. We are growing every year!

NETWORK BENEFITS

- Regional Connections
- Leadership Opportunities
- UW Health Sciences Library Access
- Resource Sharing
- Residency Research & Publications
- Innovative Models of Care

wwaminetwork.org

STRENGTH IN FMRN NUMBERS

5 STATES WITHIN OUR REGION

763 RESIDENTS AND GROWING

32 RESIDENCY PROGRAMS

37 FELLOWSHIP OPPORTUNITIES

1,065,104 SQUARE MILES COVERED

11 RURAL TRAINING TRACK OPTIONS

OUR GRADUATES

81%
are satisfied with their residency training.

45%
are practicing maternity care professionally.

76%
are satisfied with their choice of family medicine.

NUMBER OF INTERNS

Our Mission

Through leadership, collaboration, and shared purpose, the WWAMI Region Family Medicine Residency Network fosters excellence in our member programs to train exceptional family physicians to meet the evolving needs of their communities.

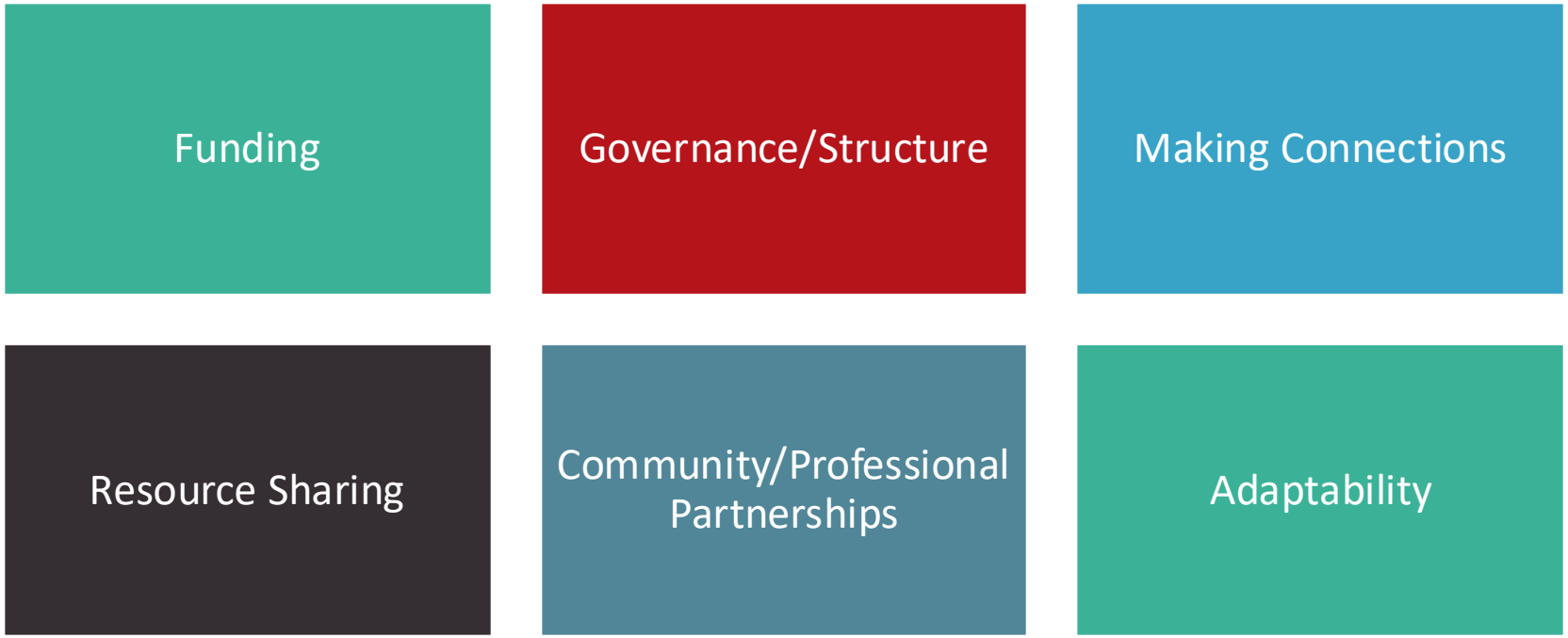
Our Values

Mutual Benefit | Collegiality | Innovation | Inclusiveness

FMRN Services

- New Program Development & Accreditation Support
- Faculty Development Opportunities
- Faculty & Resident Recruitment
- Regional Professional Development Opportunities
- Learning Resources & Scholarship

What Makes the WWAMI Network Successful



The "7C's"of high-performing primary care

- First contact
- Continuity of care
- Comprehensiveness
- Coordination
- Community Engagement
- Patient-Centeredness
- Complexity

Improved access to care
Decreased cost of care
Higher quality of care

"Training residents to deliver on these “7C’s,” functions critical to the delivery of high-performing primary care, is essential if family medicine residency graduates are to serve the clearly articulated, but unrealized, quadruple aim for US health care: improved patient experience and population health at lower costs while preserving clinician well-being."

Bazemore A, Grunert T. Sailing the 7C’s: Starfield Revisited as a Foundation of Family Medicine Residency Redesign. Fam Med. 2021;53(7):506-515. https://doi.org/10.22454/FamMed.2021.383659.

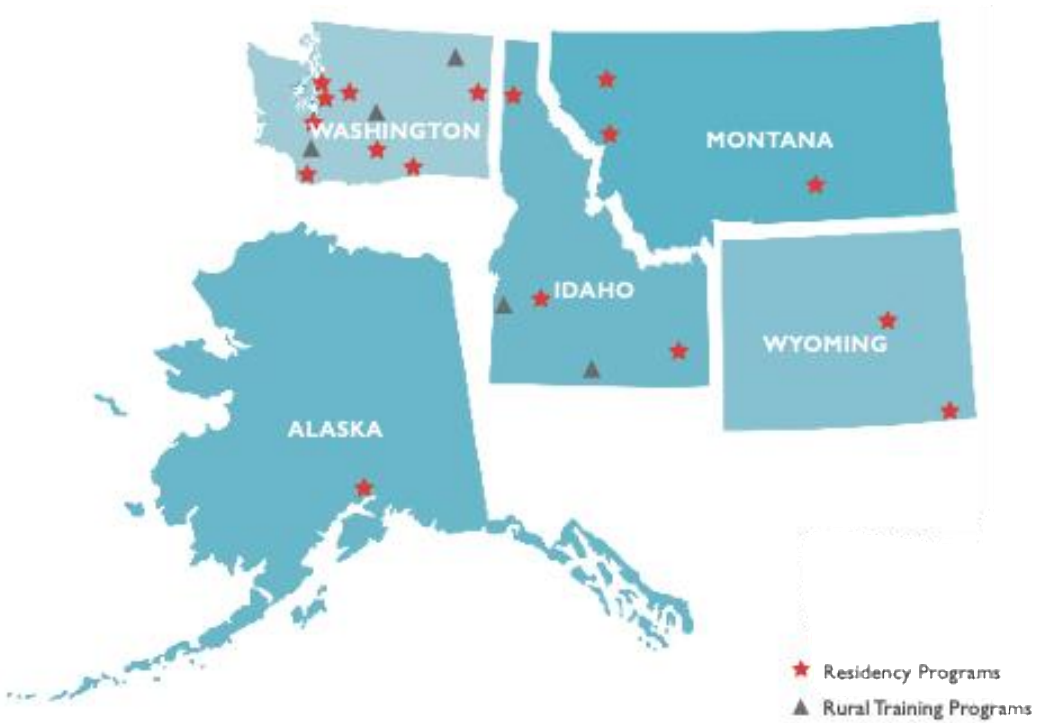
WA has invested in Family Medicine training because of breadth and flexibility

Family physicians deliver babies, see adults and children, provide mental health care and addiction medicine, are trained in outpatient and inpatient medicine... and so are able to care for the full range of patients that we see.

WWAMI Family Medicine Residency Network

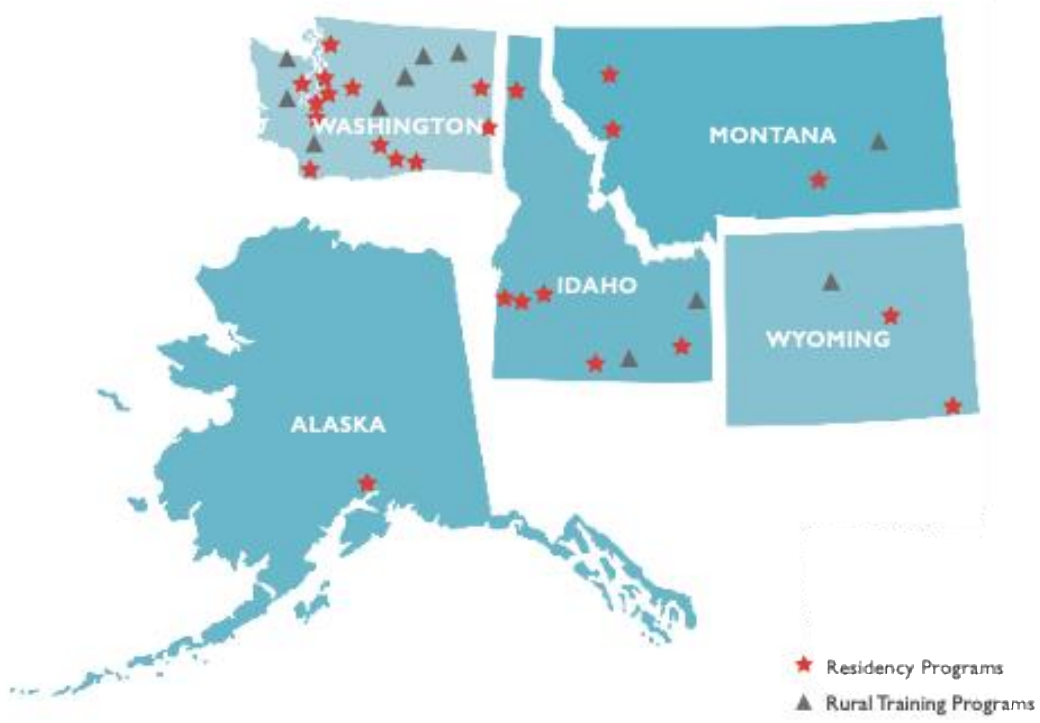
2015-Present

2015



25 Core programs
4 Rural Training Tracks/Programs
585 Residents

Present



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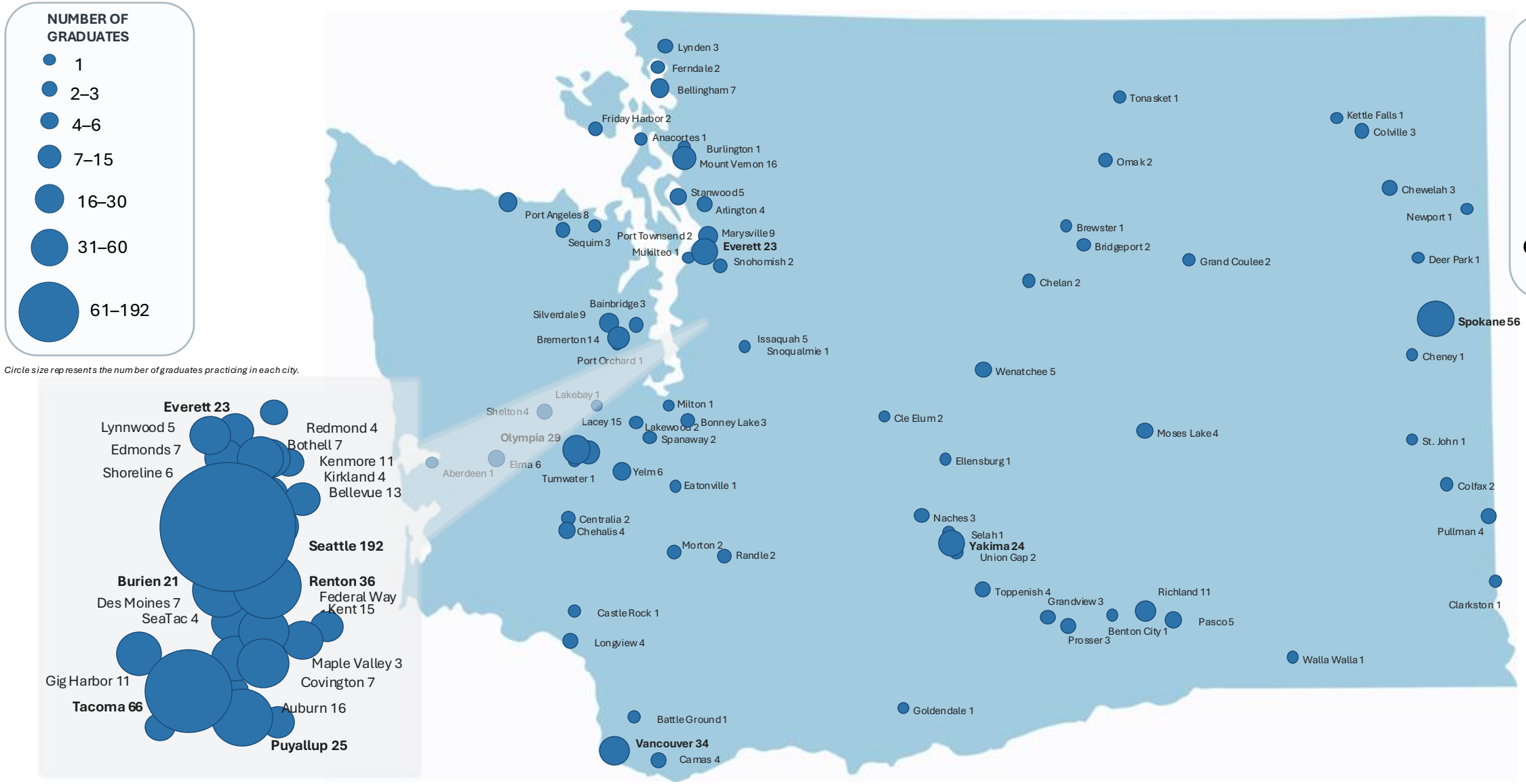
Graduates of Family Medicine Programs Improve the State's Workforce

Approximately 60% of graduates remain in Washington post-residency

Of those that stay in Washington:	71% practice in HPSA-designated locations
	18% are working in rural counties

FMRN grads are serving as teachers of medical students and residents and other health professionals

Practice Locations of 2016-2025 Graduates



880 Graduates

101 Washington communities

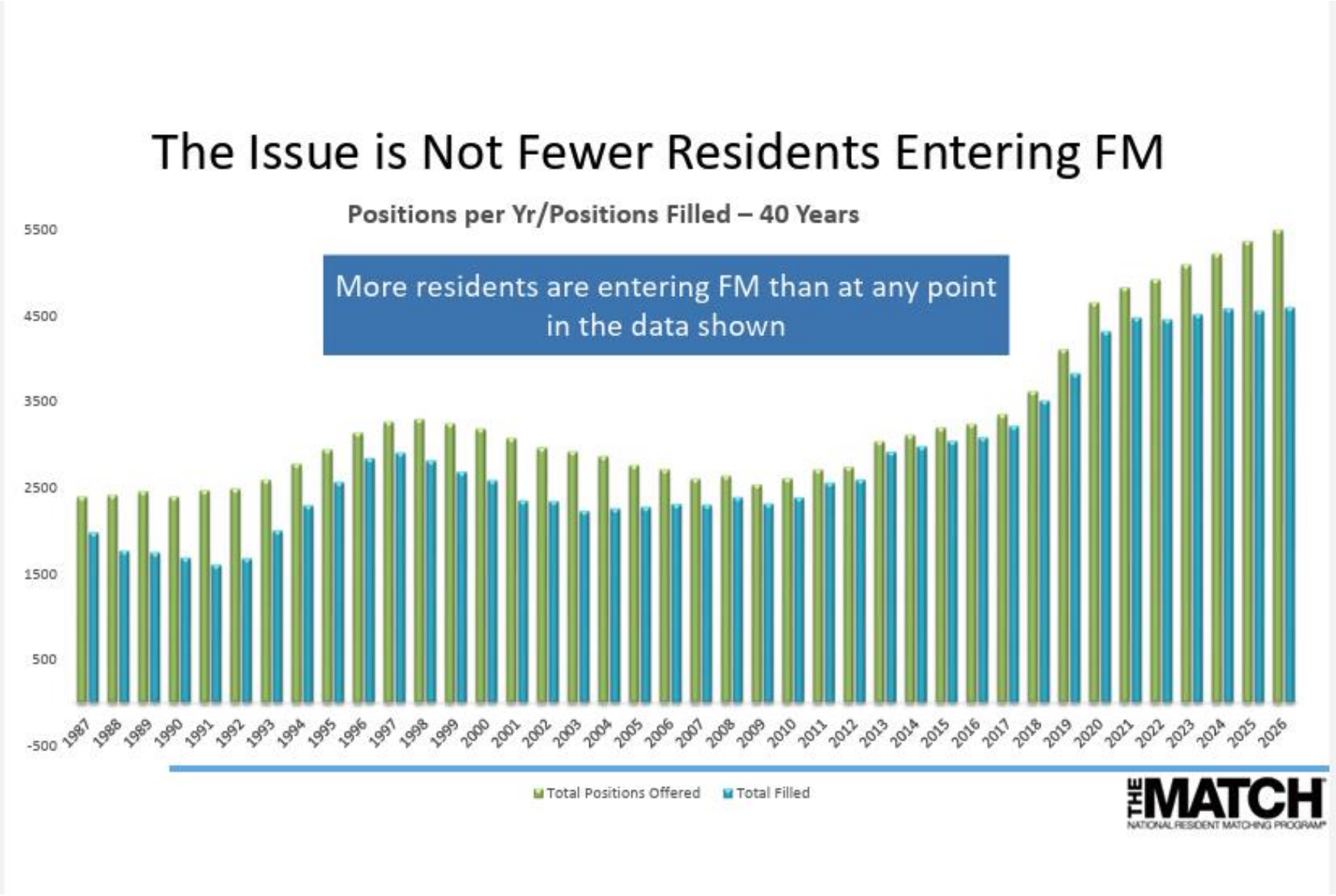
… and are meeting care needs

92% are practicing **outpatient continuity care** (vs 82% nationally)
90% are providing **pediatric outpatient care** (vs 75% nationally)
49% are providing **maternity care** (vs 28% nationally)
95% are providing **behavioral health** care (vs 86% nationally)
56% are providing **buprenorphine treatment** (vs 22% nationally)
33% are **delivering babies** (vs 12% nationally)

Despite Success, Challenges Persist

- Student recruitment into Family Medicine
- Particularly recruitment to rural areas and underserved communities
- Access to maternity care
- Gaining and Maintaining Accreditation
- Increasing number of learners contributing to competition for training opportunities
- Struggling hospitals and health care systems

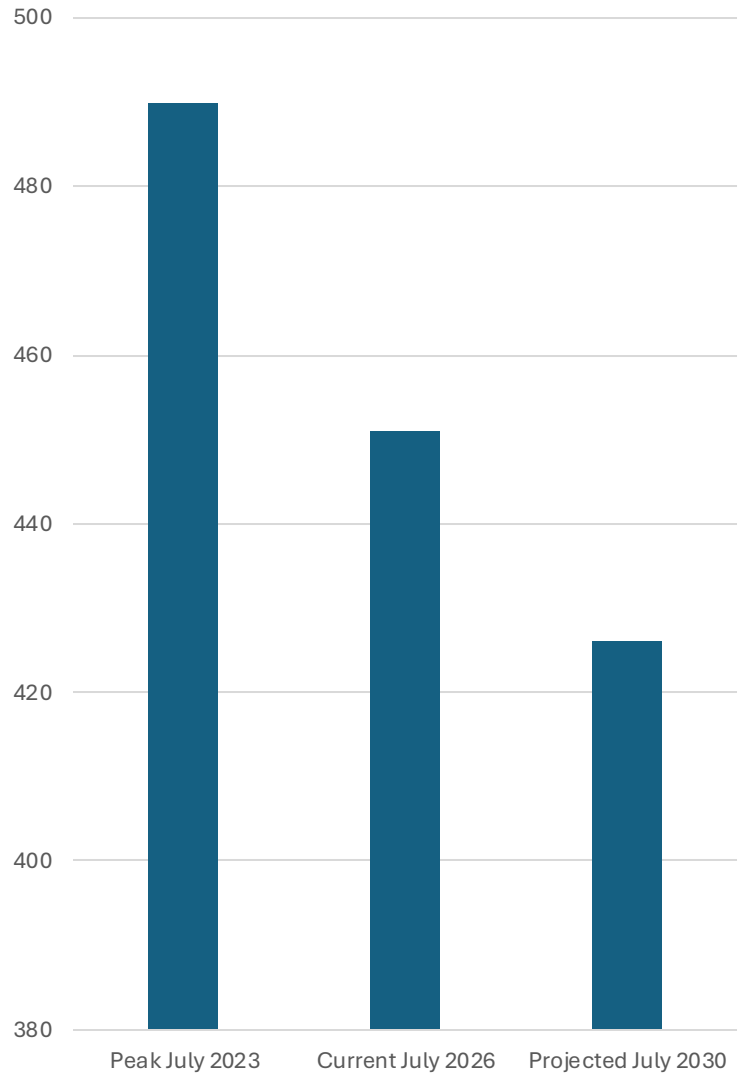
We are not alone on some issues…



Actual Impacts of Program Instability

Peak of 490 positions as of July 2023, still growing in some areas BUT…

- Closure of SeaMar Marysville 7/2024 - total 32 residents
- Spokane reduction from 10/yr to 6/yr (total 30 to 18) 7/2025
- CHC Tacoma reduction from 8/yr to 0/yr (total 24 to 0) 7/2026
- Swedish Cherry Hill and First Hill combining and decreasing from 69 to 51 total positions by 7/2030
  - Port Angeles Rural track needed to find a new home
  - Losing longstanding partner sites: Seattle Indian Health Board, Carolyn Downs Family Medical Center, International Community Health Services
- Ellensburg rural track unsuccessful Match in 2026, decided not to fill their 2 positions this year
- Murmurings in other places…



10 Year Impact of Cuts

Spokane 50% reduction

23,806 displaced patients

761 unnecessary ER visits costing **$707,646**

193 jobs and **$1.2M** in tax revenue lost

Ellensburg 50% reduction

8,634 displaced patients

310 unnecessary ER visits costing **$288,636**

64 jobs and **$400K** in tax revenue lost

CHC Tacoma Closure

37,032 displaced patients

1,031 unnecessary ER visits costing **$958,815**

300 jobs and **$1.8M** in tax revenue lost

Swedish Consolidation (1 site 50% reduction)

31,742 displaced patients

977 unnecessary ER visits costing **$908,171**

257 jobs and **$1.6M** in tax revenue lost

= **101,214** displaced patients
= **3,079** unnecessary ER visits
= **$2.8M** in ER costs
= **814** jobs lost
= **$5M** in tax revenue